Culturally informed Trauma Integrated Healing Practice: Practitioner focused workshop - Full Day

Time: 9am - 4pm
Room: Rosser
Presenter: Emeritus Professor Judy Atkinson
Cost: $150

This workshop is open to Aboriginal and non-Aboriginal participants.

This workshop looks to build the skills practitioners require to provide Culturally Informed Trauma Integrated Healing Practice. Through understanding complex trauma, workshop participants will learn about creating safety and establishing safe processes for working with individuals, families and communities. By utilising talking – sharing circles participants will learn to identify the trauma and healing needs of those individuals, families and communities they are working with. Lastly participants will be taught how to look at integrating care through an ecological approach.

Time has been set aside at the end of the day, 4pm – 5pm, for Aboriginal and Torres Strait Islander participants to hold a Yarning Circle to discuss contemporary issues, challenges and opportunities that exist within the family and relationships services sector.

Judy Atkinson identifies as a Jiman / Bundjalung (Aboriginal Australian) woman. With a PhD from QUT, her primary academic and research focus is in the area of violence and relational trauma, and healing for Indigenous, and indeed all peoples. She was awarded the Carrick (Neville Bonner) Award in 2006 for her Innovative Curriculum Development and Teaching Practice, and in 2011 the Fritz Redlich award for Mental Health and Human Rights from the Harvard University Global Mental Health Trauma and Recovery program.
The ALRC review of the family law system is the first comprehensive review into the family law system since the commencement of the Family Law Act in 1976, tasked with making recommendations for reform to ensure the family law system meets the contemporary needs of families. In October 2018, the ALRC released a Discussion Paper with 124 proposals for reform of the family law system. Following further submissions and consultations, the final report will be completed in March 2019.

By design, the Discussion Paper provides one means by which to elicit advice and views from key stakeholders and the general public. The timing of the FRSA National Conference provides a unique opportunity for delegates attending the FRSA Family Law Workshop to engage directly with ALRC Researchers to discuss particular aspects of the Discussion Paper of key significance to the sector. During the FRSA pre-Conference Family Law Workshop the ALRC will be working with delegates to seek feedback and advice on the Discussion Paper with a particular focus on: Education, Awareness and Information, the proposed Families Hubs and the Family Advocacy Support Service (FASS), Children in the Family Law System and Family Dispute Resolution.

Dr Julie MacKenzie is Acting Principal Legal Officer at the Australian Law Reform Commission. In addition to working on the family law inquiry, she has worked on inquiries including into elder abuse, Aboriginal and Torres Strait Islander incarceration rates, encroachments on traditional rights and freedoms, native title and serious invasions of privacy.

Sarah Dobinson is a Legal Officer at the Australian Law Reform Commission working on the family law system inquiry. She has previously held research and policy roles at the Royal Commission into Institutional Responses to Child Sexual Abuse and Relationships Australia NSW. She has also worked as a solicitor at Legal Aid NSW in the Domestic Violence Unit and Family Advocacy and Support Service.
This workshop is a full day workshop in two parts.

Part 1 will focus on a review of the key research findings and propositions that inform the trauma framework. This will touch on the impact of severe adversity on the developing brain as well as the behavioural, cognitive and social impacts over time. This is followed by consideration of the central implications for service delivery with different target populations. There will be discussion of the merits of the current imperative for all human services to be ‘trauma-informed’ and the continuing role of other theoretical perspectives.

In Part 2 various approaches to defining and embedding trauma-informed practice will be reviewed including whole-of-agency models such as Sanctuary, based on the work of Sandra Bloom, along with more modest approaches involving the integration of trauma-related principles into current practice. Participants will be encouraged to consider the relevance of the trauma perspective for their particular service area and the ways in which it might be effectively integrated into practice. This session will also include a review of implementation principles from the emerging field of implementation science. The workshop will include video materials and small group discussion.
Creating a Culture of Research & Evaluation: Evaluation planning and program logics - Half Day

Time: 9am – 12:30pm  
Room: Boardroom 2  
Presenters: Australian Institute of Family Studies  
Kerry Haynes  
Sharnee Moore  
Jess Smart  
Stewart Muir  
Kelly Hand  
Cost: $100 (Half Day) $150 (Full Day)

Clear and measurable program goals, and an explicit theory of change that explains why a program is expected to achieve its goals. This can help service providers and program designers better understand (and measure) what is or is not working in their programs. This understanding can in turn contribute to improved program design, as well as ongoing monitoring and improvement of existing programs, and can help providers better demonstrate the effectiveness and achievements of their programs.

This half-day workshop will help build and embed practical skills in planning outcomes measurement and evaluation. In particular, the workshop will focus on:

- Developing a simple program logic model; and
- Evaluation planning.

The session is interactive and will involve case studies, discussion and working on a program logic for your own program. Participants are encouraged to bring an outline or idea for a program or activity that they would like to workshop.

This Workshop is designed for people with limited knowledge and are NEW to Program evaluation. It can be taken on its own as a half day or together with the afternoon workshop, “Communication for impact: telling the story of your program”, for a full day.
Creating a Culture of Research & Evaluation: Communication for impact: telling the story of your program - Half Day

Time: 1:30pm – 5pm
Room: Boardroom 2
Presenters: Rebecca Armstrong - Australian Institute of Family Studies
Cost: $100 (Half Day) $150 (Full Day)

This half-day workshop will guide practitioners and communicators through some practical approaches to improving the impact of their evaluations. Evaluations commonly result in the collection of vast amounts of data. It’s not always easy to make sense of the data or to create products that will help to share your learnings with others. This workshop will introduce practitioners to a framework for considering impact. This includes formulating a clear evaluation goal, identifying key audiences through a stakeholder mapping exercise and creating products that meet the needs of these audiences. We will discuss both traditional approaches to impact (e.g. reports) but introduce participants to innovative approaches including infographics, video and case studies.

This workshop is designed for practitioners and managers as well as communications specialists. It can be taken on its own as a half day or together with the morning workshop, “Evaluation planning and program logics”, for a full day.